



Our school is working towards the

**Building Effective Relationships
Together (BERT) Award
Presentation for stakeholders**





We will be working with parents/ carers, students, staff and the whole school community to develop quality Relationships and Sex Education (RSE).



High Profile of Relationships, Sex and Health Ed

- [Ofsted review of sexual abuse in schools and colleges](#) found that RSHE in schools was 'not helping children and young people to navigate the realities of their lives.'

[Updated School Inspection Handbook Feb 2022](#) states -

- Ofsted will expect the school's relationships, sex and health education curriculum (and wider curriculum) to specifically address sexual harassment, online abuse and sexual violence.
- Behaviour policies in place regarding harmful sexual behaviour should be consistently applied and reflect the messages that are taught across the curriculum.
- Pastoral support and relationships, sex and health education will be considered in the personal development judgement.



Aims of the BERT Award –

- To support schools in continuous development of RSE, from compliance to quality provision
- To support the development of positive relationships across all areas of the school community
- To reduce stigma and increase support around sexual health and sensitive issues





Whole school approach



- Requirement to meet criteria in all 8 areas
- Bronze, Silver and Gold levels



How will the school and staff benefit?



- Guidance and support for the subject leader to ensure we are meeting the statutory requirements for RSHE/ OFSTED ready
- Up to date consultation and signposting to resources around trends and developments in RSE e.g. latest guidance around sexual harassment and abuse
- Networking with other schools to share practice
- Staff teaching RSE will benefit from increased profile, updates and resources
- Recognition for and celebration of continuous improvement



How will pupils benefit?

Young people who receive effective Relationships and Sex Education are...

- More likely to report sexual abuse
- More likely to delay first sex until they are ready
- More likely that first sex is consensual
- More likely to use contraception and condoms
- Less likely to have an unplanned pregnancy or sexually transmitted infection





Positive relationships in school contribute to

- Positive mental health and wellbeing
- Keeping children and young people safe
- Positive behaviour and attitudes
- Engagement in learning and achievement





How will parents and carers benefit?

- Greater understanding of RSE programme in school
- More opportunities to get involved, provide feedback and gain skills so that they can support their child at home
- Increase awareness of help and support for families around sensitive issues





@BERT_RSE Twitter account



← **Building Effective Relationships Together Award**
91 Tweets



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Quality Relationship and Sex Education supports our children and young people to lead safe, healthy, happy lives. Working across Derbyshire to smash this! [#RSE](#)

📅 Joined September 2021

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