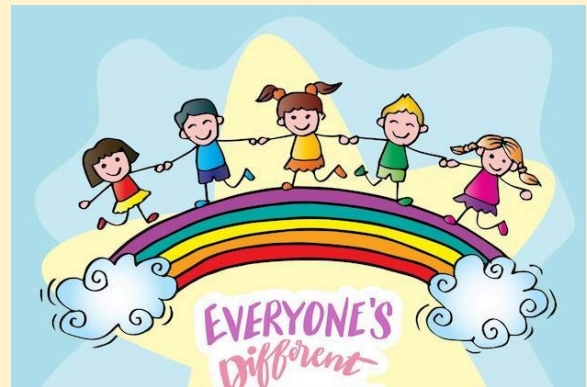


# Staying Safe

## Nursery



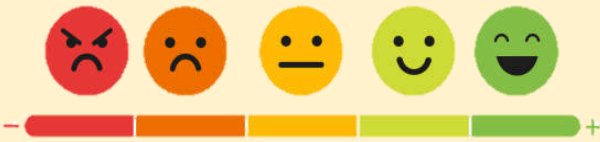
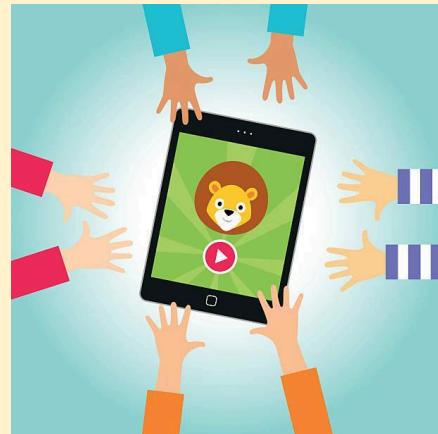
<b>Personal safety</b>	Understanding basic concepts of “safe” and “unsafe”
<b>Online safety</b>	Learning that devices should be used with an adult present.
<b>Emotional wellbeing</b>	Identifying and naming simple emotions (happy, sad, scared).
<b>Healthy relationships</b>	Understanding the concept of “kind hands” and gentle play.
<b>Risk management</b>	Learning simple rules to stay safe (e.g., holding hands when crossing the road).
<b>Respecting diversity</b>	Recognising that everyone is unique and special.

## Staying Safe

Nursery

# Staying Safe

Reception



INCLUDEPICTURE  
"https://thumbs.dreamstime.com/b/difference-game-kids-stick-figures-find-visual-puzzle-figure-cartoon-little-boys-girls-ethnic-diversity-36220385.jpg" \\*  
MERGEFORMATINET

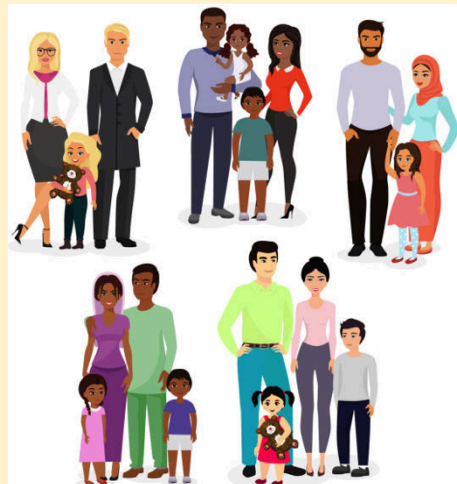
<b>Personal safety</b>	Knowing basic body safety rules, such as "private parts are private."
<b>Online safety</b>	Understanding that not all online content is suitable for children.
<b>Emotional wellbeing</b>	Beginning to recognise and talk about feelings using more vocabulary
<b>Healthy relationships</b>	Learning to share, take turns, and resolve simple conflicts with help.
<b>Risk management</b>	Recognising everyday risks and seeking help from adults when unsure.
<b>Respecting diversity</b>	Celebrating similarities and differences among classmates.

## Staying Safe

Reception

# Staying Safe

Year 1



<b>Personal safety</b>	Identifying trusted adults to talk to if they feel unsafe.
<b>Online safety</b>	Understanding that personal information (e.g., name, address) should not be shared online.
<b>Emotional wellbeing</b>	Recognising how actions affect others' feelings (e.g., kind vs. unkind words).
<b>Healthy relationships</b>	Learning about friendship and the importance of treating friends with respect.
<b>Risk management</b>	Beginning to make safe choices in daily activities (e.g., not running indoors).
<b>Respecting diversity</b>	Understanding that people have different beliefs, families, and traditions.

## Staying Safe

Year 1

# Staying Safe

Year 2



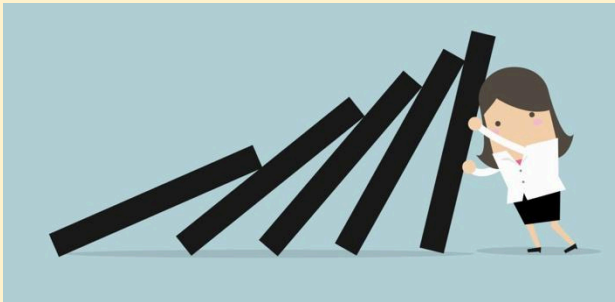
<b>Personal safety</b>	Learning about personal boundaries and the concept of consent (e.g., asking before hugging).
<b>Online safety</b>	Recognising safe and unsafe online behaviours, such as clicking on unknown links.
<b>Emotional wellbeing</b>	Learning strategies to manage emotions, like breathing techniques.
<b>Healthy relationships</b>	Identifying what makes a healthy friendship, including trust and honesty.
<b>Risk management</b>	Learning to assess risks (e.g. not climbing unsafe structures).
<b>Respecting diversity</b>	Understanding and respecting differences in religion, language, and culture.

## Staying Safe

Year 2

# Staying Safe

Year 3



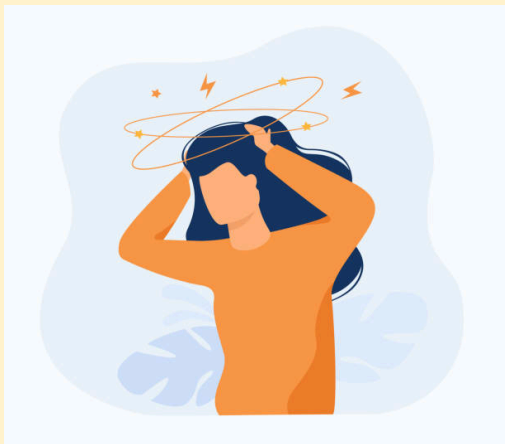
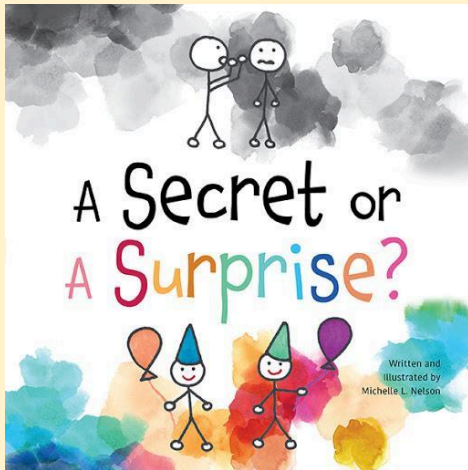
<b>Personal safety</b>	Recognising different types of touch and understanding it's okay to say "no."
<b>Online safety</b>	Understanding how to identify and report inappropriate online behaviour.
<b>Emotional wellbeing</b>	Building resilience and understanding how to seek support for worries.
<b>Healthy relationships</b>	Learning about boundaries in friendships and recognising signs of bullying.
<b>Risk management</b>	Beginning to take responsibility for personal safety (e.g., road safety).
<b>Respecting diversity</b>	Appreciating the benefits of living in a diverse society.

## Staying Safe

Year 3

# Staying Safe

Year 4



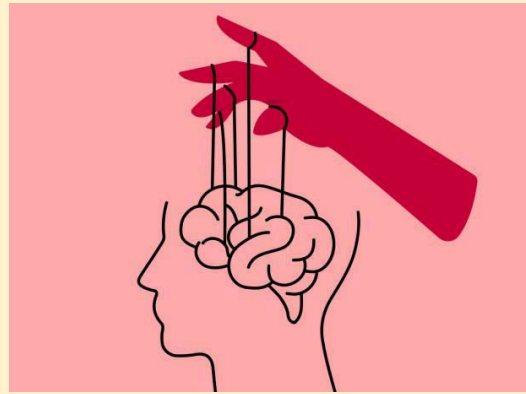
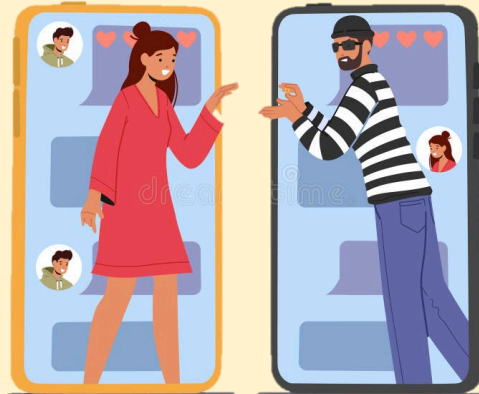
<b>Personal safety</b>	Understanding the difference between secrets and surprises, and when to share concerns.
<b>Online safety</b>	Learning about digital footprints and the permanence of online content.
<b>Emotional wellbeing</b>	Exploring strategies for handling stress and building self-esteem.
<b>Healthy relationships</b>	Understanding peer pressure and how to say “no” confidently.
<b>Risk management</b>	Identifying risks in new situations and knowing how to get help.
<b>Respecting diversity</b>	Understanding how stereotypes can lead to unfair treatment.

## Staying Safe

Year 4

# Staying Safe

Year 5



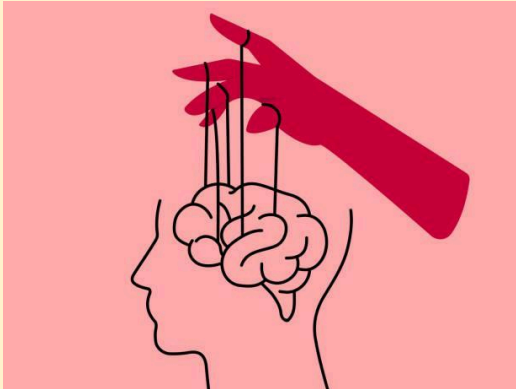
<b>Personal safety</b>	Recognising signs of unhealthy relationships and knowing where to seek help.
<b>Online safety</b>	Understanding the risks of online communication, including stranger danger.
<b>Emotional wellbeing</b>	Developing coping strategies for more complex emotions like anxiety or frustration.
<b>Healthy relationships</b>	Identifying signs of manipulation and exploitation in relationships.
<b>Risk management</b>	Assessing risks in more complex situations, such as social outings.
<b>Respecting diversity</b>	Learning about discrimination and the importance of standing up against it.

## Staying Safe

Year 5

# Staying Safe

Year 6



**CONSENT**



<b>Personal safety</b>	Understanding grooming and exploitation and knowing how to report concerns.
<b>Online safety</b>	Learning about online scams, phishing, and how to verify trustworthy sources.
<b>Emotional wellbeing</b>	Developing self-awareness and emotional intelligence to navigate transition to secondary school.
<b>Healthy relationships</b>	Understanding consent in more detail, including in friendships and peer relationships.
<b>Risk management</b>	Preparing for independence by learning safety skills for travel, online use, and decision-making.
<b>Respecting diversity</b>	Exploring global issues like human rights, equality, and social justice.

## Staying Safe

Year 6

